



Lunch & Learn

Health and Heat

Presented by the Office of the Vice
Chancellor for Research and UNC Gillings
School of Global Public Health

Health and Heat Panel



Panel Emcee: **Rebecca Fry**

Chair (Interim), and Carol Remmer Angle Distinguished Professor in Children's Environmental Health, Department of Environmental Sciences and Engineering, UNC Gillings School of Global Public Health; Director, Institute for Environmental Health Solutions, UNC Gillings School of Global Public Health



Noah Kittner

Assistant Professor, Department of Environmental Sciences and Engineering, UNC Gillings School of Global Public Health



Jason West

Professor and Director of Graduate Studies, Department of Environmental Sciences and Engineering, UNC Gillings Schools of Global Public Health



Hans Paerl

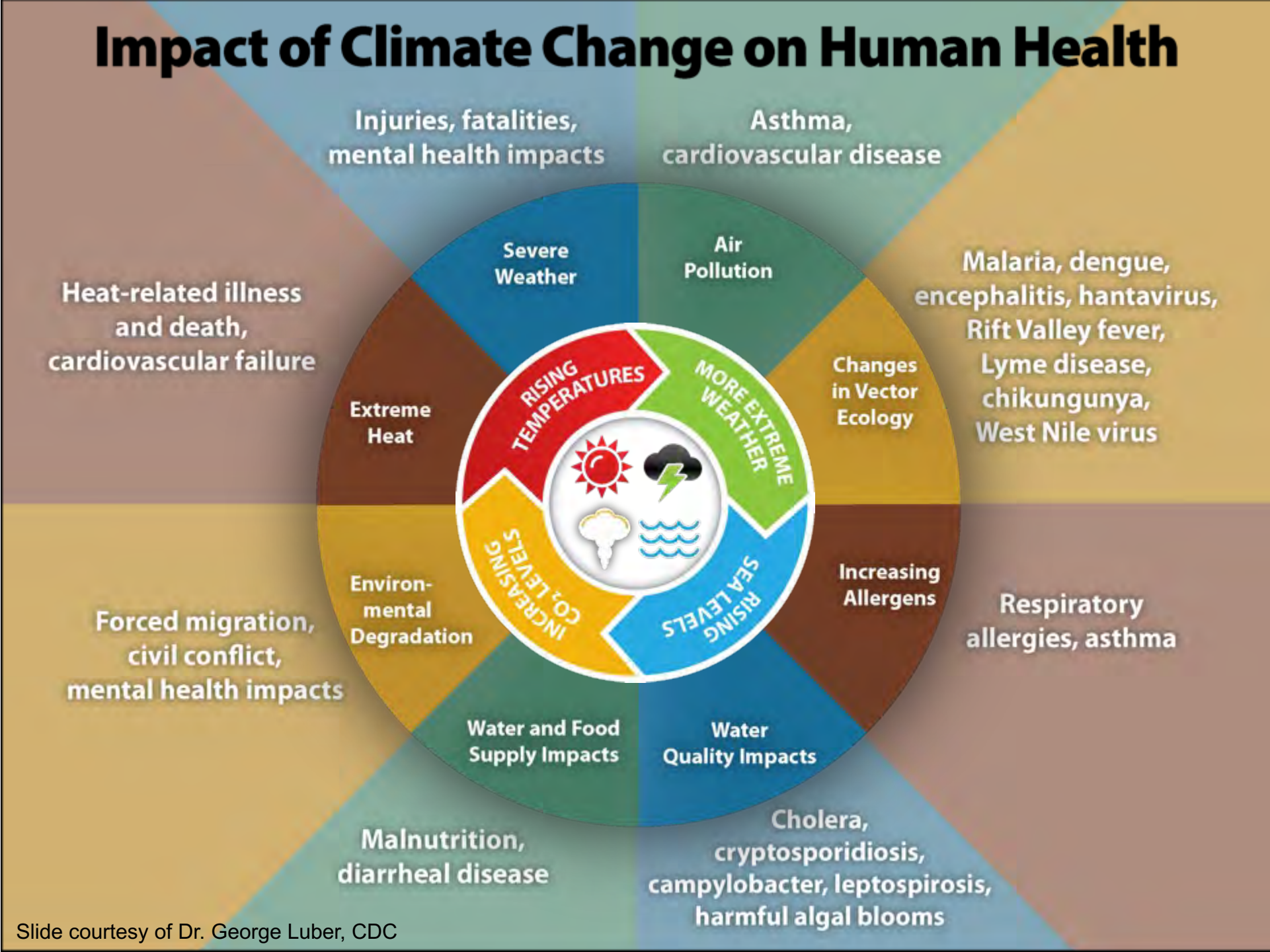
Professor, Department of Environmental Sciences and Engineering, UNC Gillings School of Global Public Health; Professor, Department of Marine Sciences, UNC College of Arts and Sciences; W.R. Kenan Jr. Distinguished Professor, UNC Institute of Marine Sciences



Jason West

*Professor and Director of Graduate Studies, Department
of Environmental Sciences and Engineering, UNC Gillings
Schools of Global Public Health*

Impact of Climate Change on Human Health





2009:
“Climate change is the biggest global health **threat** of the 21st century”

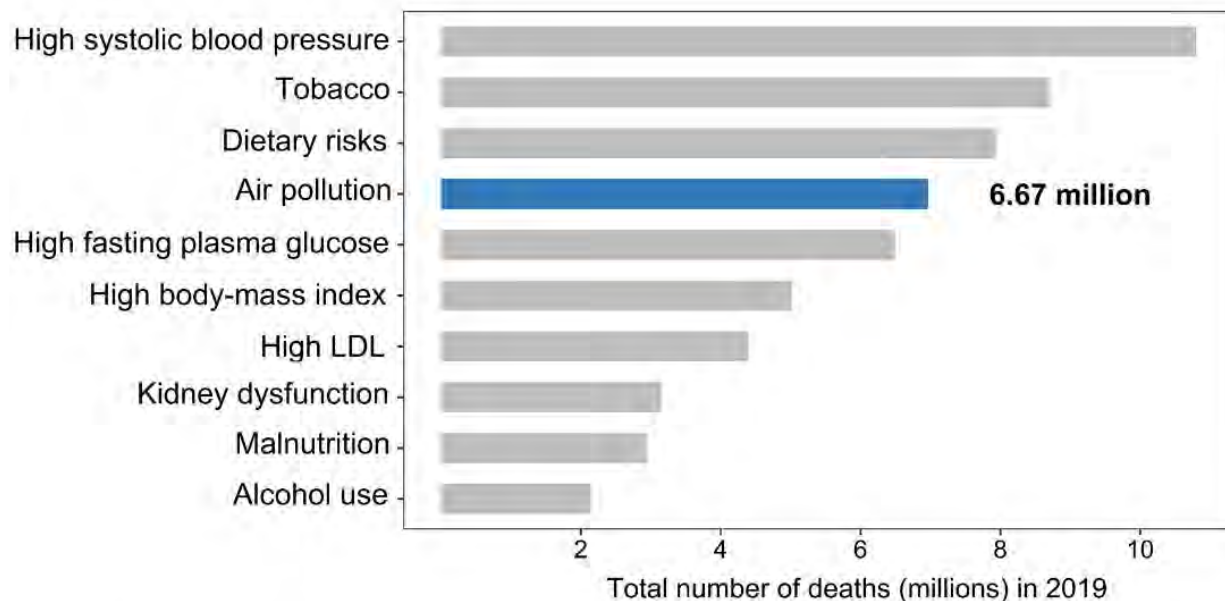
“More challenging to public health than the polio epidemics... This is a new kind of threat” – US Surgeon General Vivek Murthy, 2016



Global Burden of Disease of Air Pollution (2019)

Global Deaths per Year

Ambient PM_{2.5} pollution:	4.1 million	} 1 of every 8.5 deaths globally!
Ambient ozone pollution:	0.37 million	
Household air pollution from solid fuels:	2.3 million	



GBD 2019 Team, *Lancet*, 2020

Global ranking of risk factors by total number of deaths from all causes in 2019.

Global deaths from air pollution in 2019: 6.7 million (1 of every 8.5 deaths)

Compare to:

Diabetes

All transportation accidents

Tuberculosis

HIV

Breast cancer

Malaria

Prostate cancer

Global deaths from air pollution in 2019: **6.7 million (1 of every 8.5 deaths)**

Compare to:

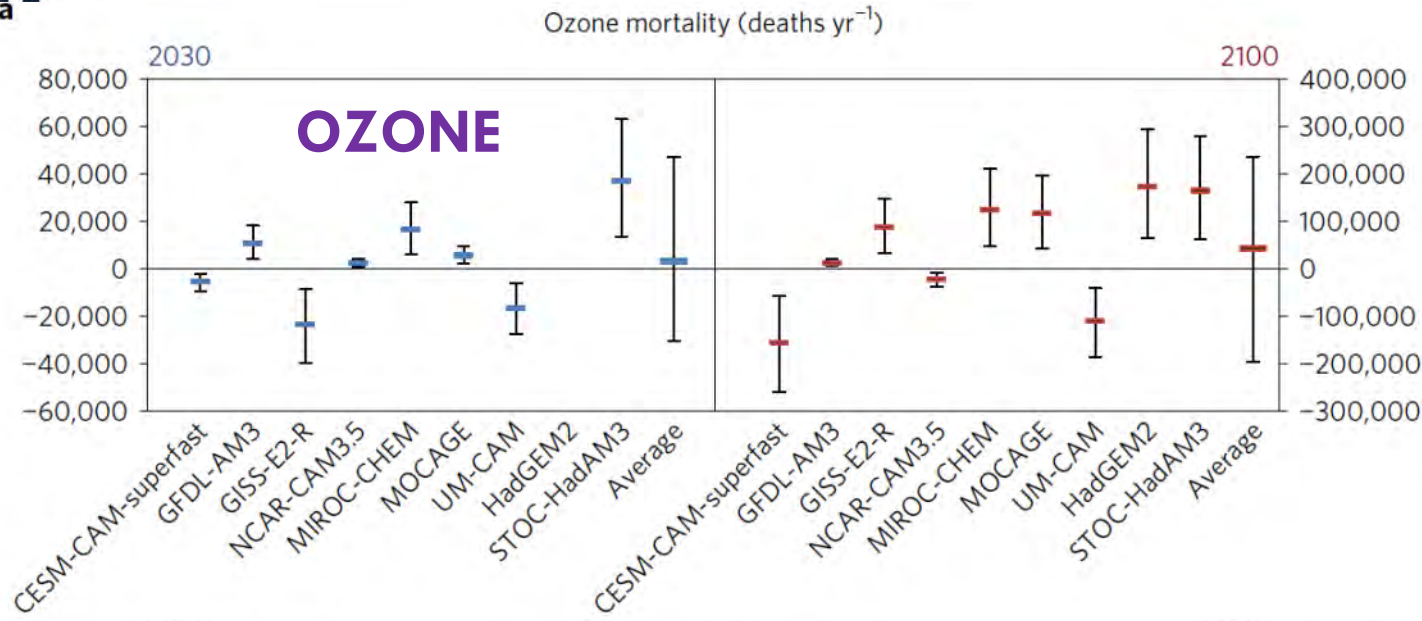
Diabetes	1.55 million
All transportation accidents	1.28 million
Tuberculosis	1.18 million
HIV	0.86 million
Breast cancer	0.70 million
Malaria	0.64 million
Prostate cancer	<u>0.49 million</u>
	6.7 million

Connections Between Air Pollution and Climate Change

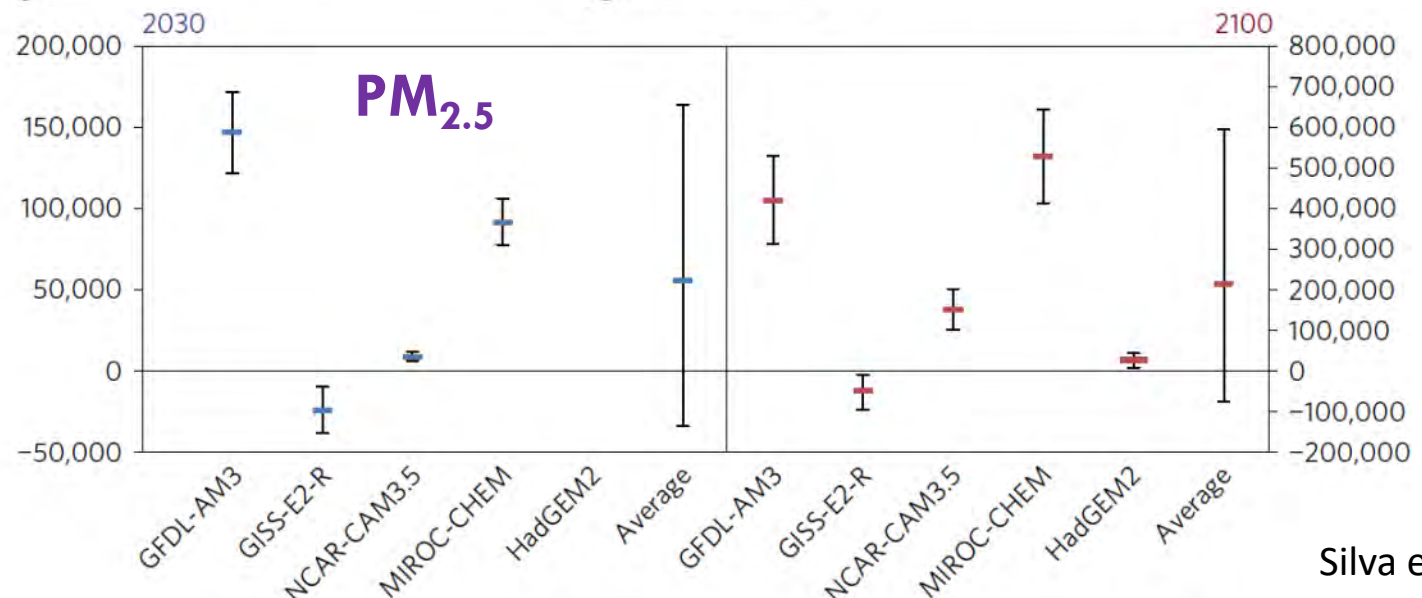
- 1) Several air pollutants affect climate
 - Ozone (O₃) is a greenhouse gas (GHG)
 - Aerosols scatter and absorb sunlight, and affect clouds.
- 2) Changes in climate may affect air quality (of O₃, PM, or other pollutants).
- 3) Sources of air pollutants and GHGs are shared – fossil fuel combustion.
- 4) Climate change may influence demands for energy, and therefore emissions.

Impact of Climate Change on Global Air Pollution Mortality

For RCP8.5 climate change



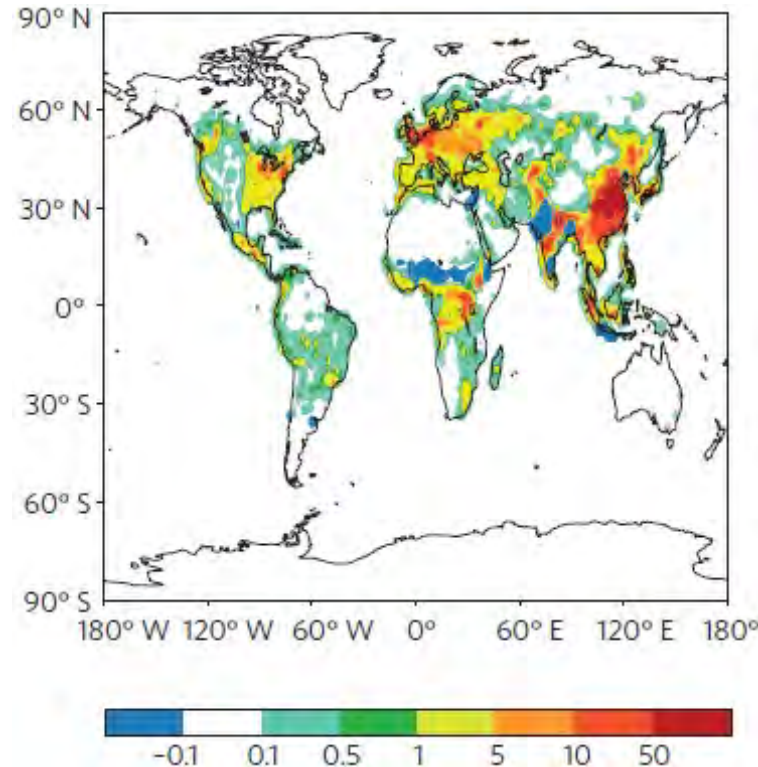
Mean (95% CI) (deaths yr ⁻¹)
2030 3,000 (-30,000, 47,000)
2100 44,000 (-195,000, 237,000)



Mean (95% CI) (deaths yr ⁻¹)
2030 56,000 (-34,000, 164,000)
2100 215,000 (-76,000, 595,000)

Co-benefits of Global GHG Mitigation for Air Quality & Health

Avoided air pollution-related deaths from global GHG reductions:



Projection of global population and baseline mortality rates from International Futures.

PM_{2.5} co-benefits
(CPD + lung cancer mortality)

2030: 0.4±0.2 million yr⁻¹

2050: 1.1±0.5

2100: 1.5±0.6

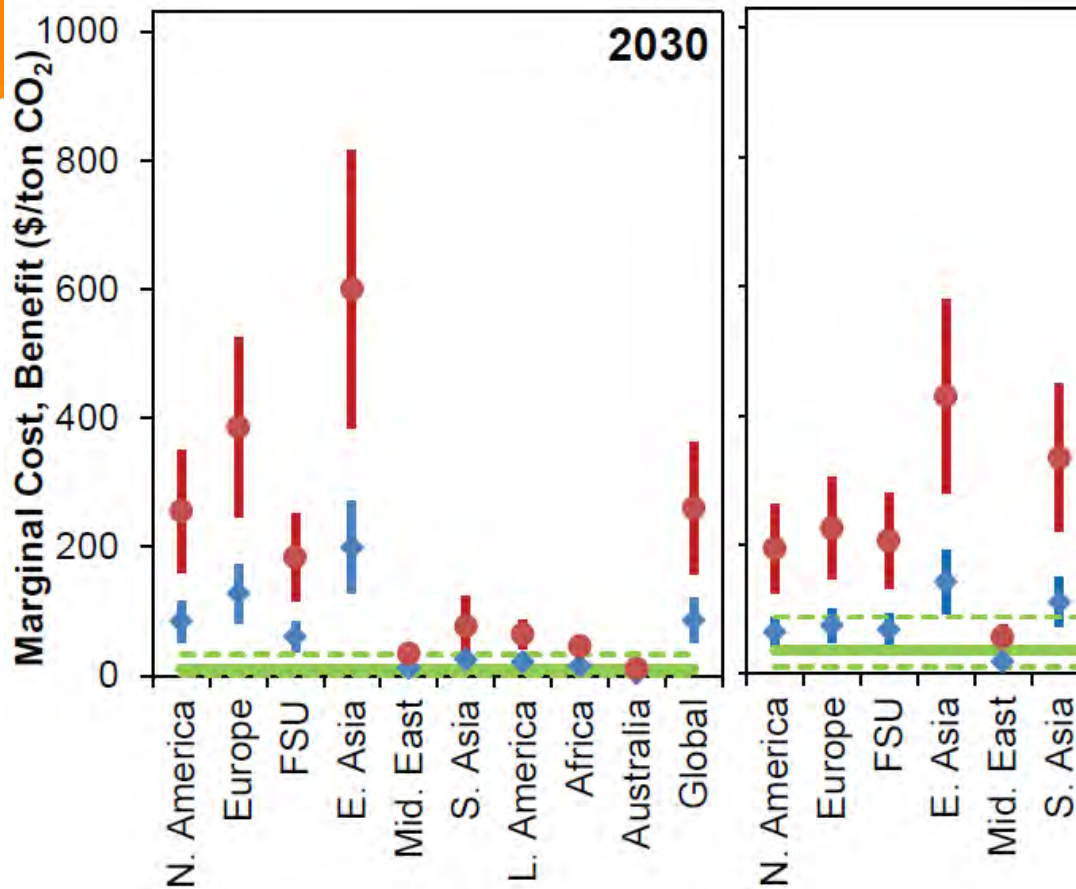
Ozone co-benefits
(respiratory mortality)

2030: 0.09±0.06

2050: 0.2±0.1

2100: 0.7±0.5

Co-benefits of Global GHG Mitigation for Air Quality & Health



Health benefits in 2030

(per ton CO₂):

USA: \$70 to \$480

China: \$130 to \$840

World: \$60 to \$370

Costs of control in 2030:

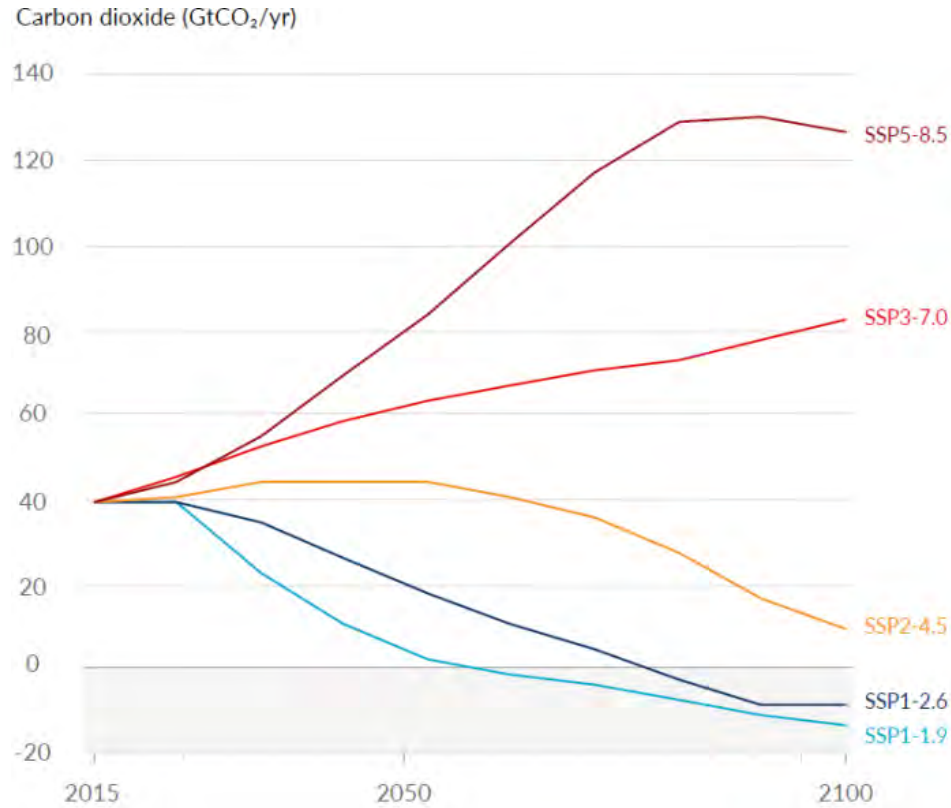
\$0 to \$33

Red: High valuation (2030 global mean)

Blue: Low valuation (2030 global mean)

Green: Median and range of global C price (13 models)

Opportunity to plan for Climate and Air Quality goals simultaneously



Climate change:

Reduce GHG emissions to near zero this century



Air pollution:

New WHO guidelines likely can not be met with much fossil fuel use

Thank you!

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Noah Kittner

*Assistant Professor, Department of Environmental Sciences
and Engineering, UNC Gillings School of Global Public Health*

Sustainable and Resilient Energy Group

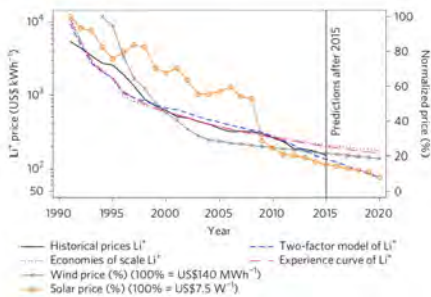
Dr. Noah Kittner



Planning for low-carbon, healthy, resilient energy systems



Distributed solar energy and electric vehicle modeling – cost, sustainability, systems integration, climate, health



Innovation for decarbonization and a just transition

POWER DECISIONS

Plans to double the number of large hydropower dams on the Mekong River mean that migrating fish and sediment will be unable to reach the delta. Solar power, as well as wind and other renewables, can complement or replace dams with less impact — if such schemes are well planned.

— Mekong basin region
 — Rivers and tributaries

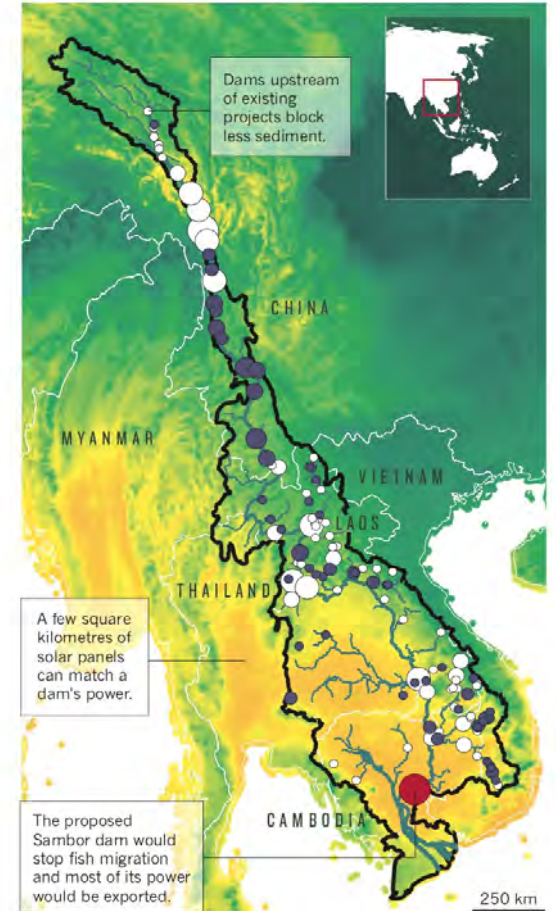
Dam sites (megawatts)

Built Potential

• <251
 ● 251–1,000
 ● 1,001–2,500
 ● >2,500

Photovoltaic potential (kilowatt hours per m² per day)

High 5.73
 Low 1.96



Schmitt, R.J.P., Kittner, N., Kondolf, G.M., Kammen, D.M. *Nature* 569 330-332



More dangerous heat waves are on the way: See the impact by Zip code.

By mid-century, nearly two-thirds of Americans will experience perilous heat waves, with some regions in the South expected to endure more than 70 consecutive days over 100 degrees



More than 100 million in the US face excessive warning or heat advisories as a dangerous heat wave continues

By Payton Major, Judson Jones and Amir Vera, CNN
 Updated 9:29 PM ET, Tue July 19, 2022

- Anthropogenic greenhouse gases, especially CO₂, generated from fossil fuels
- Increased frequency and intensity of extreme weather
- Question: How do we build energy and public health resilience to extreme heat?

Household Energy Consumption



Extreme Events Increasing



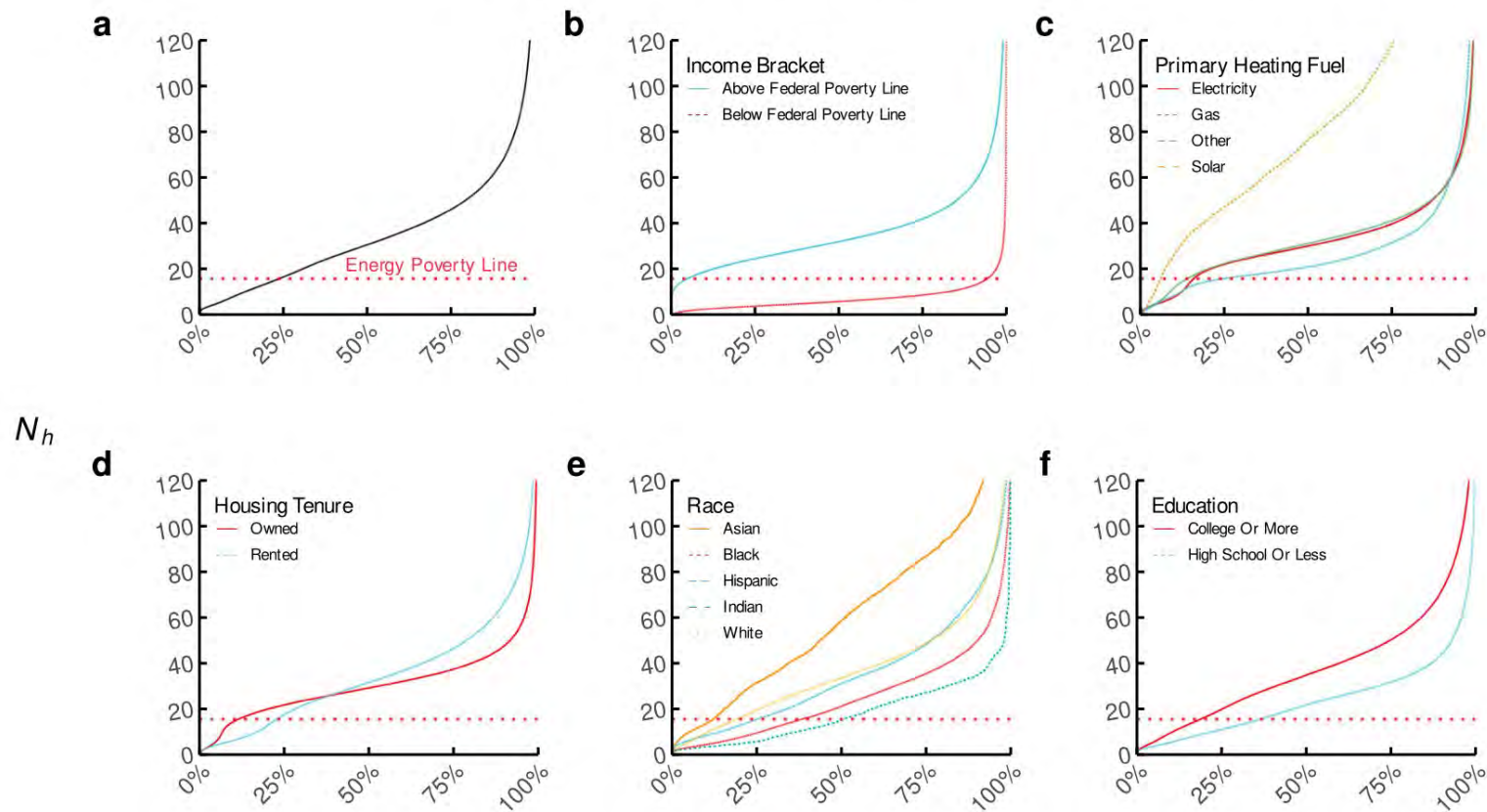
Genaro Molina / Los Angeles Times via Getty Images

<https://blog.sentry-equip.com/prevent-pipeline-freezing>

More than 5.2 million
households above Federal
Poverty Line face energy poverty
(Scheier & Kittner, 2022)

Households and Energy Poverty

Distribution of Energy Burdens Across Household Characteristics



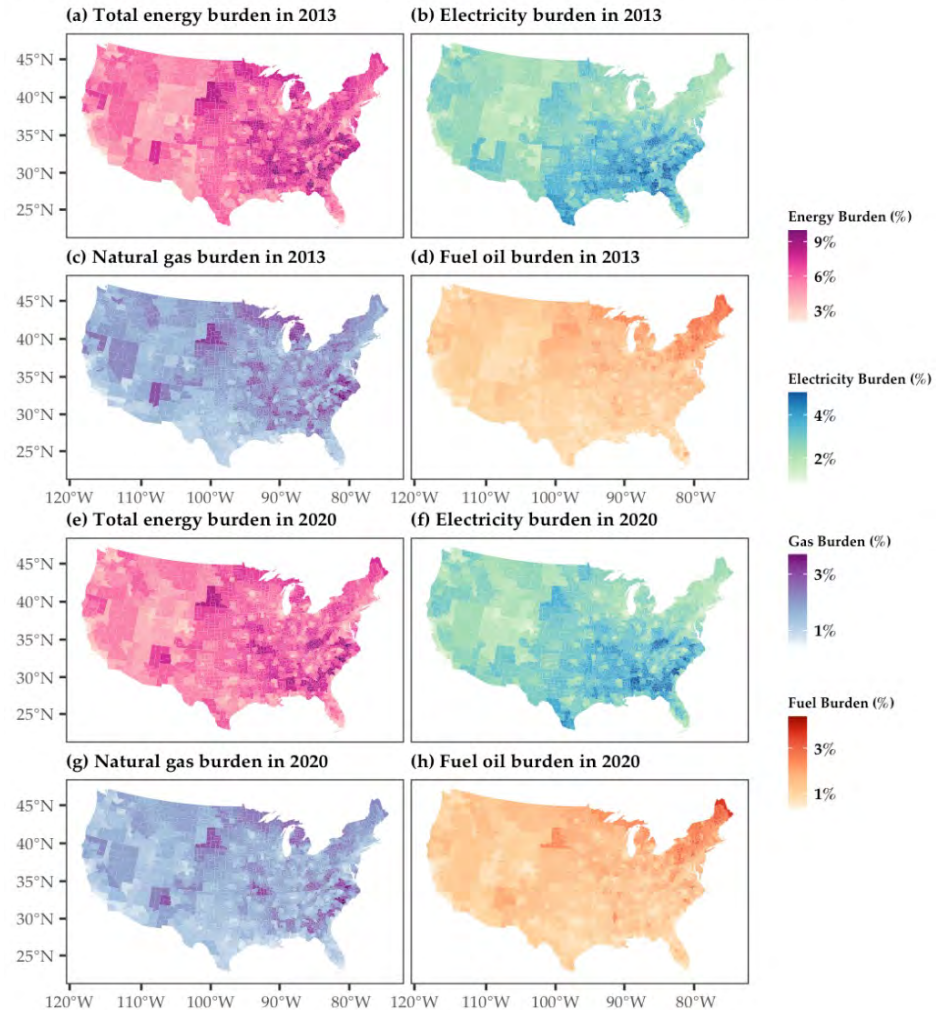
N_h

Proportion of Households

N_h : Household Net Energy Return

Energy Burden and Heat

Spatiotemporal Patterns of Energy Burdens by Sources across US Counties



Health Challenges

Cardiopulmonary risks

Heat stress and heat-related mortality more deaths than other severe weather events

Poor ventilation and air quality

Fire safety due to fossil fuel infrastructure and pipeline delivery

Potential solutions

Inflation Reduction Act = \$\$ Heat Pump Tax Credits

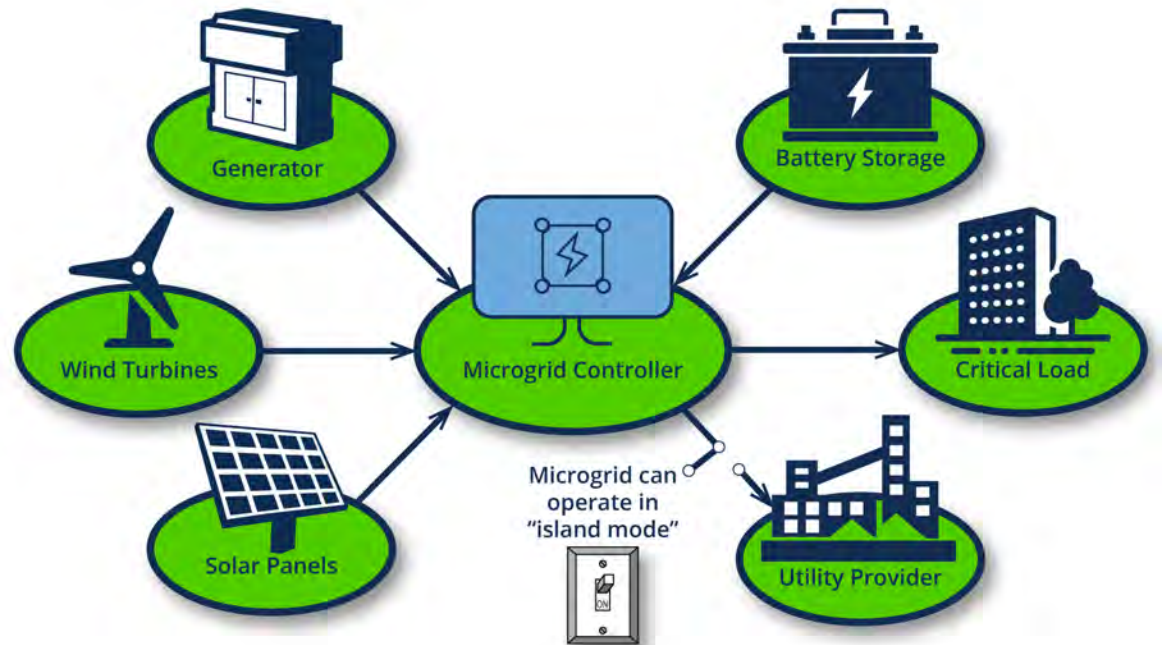
Electrification could induce new challenges and risks => Energy storage solutions

Energy storage systems for grid resilience

- Electric school buses
- Long-duration flow batteries
- Lithium-ion

Microgrid solutions

- Virtual Power Plants
- Home battery backup + solar power



Thank you!

Contact Noah Kittner at
kittner@email.unc.edu



Hans Paerl

Professor, Department of Environmental Sciences and Engineering, UNC Gillings School of Global Public Health; Professor, Department of Marine Sciences, UNC College of Arts and Sciences; W.R. Kenan Jr. Distinguished Professor, UNC Institute of Marine Sciences

Proliferating Harmful Cyanobacterial Blooms in a World Facing Human Perturbation and Climate Change

Hans Paerl, UNC-Ch EMES/Instit. of Marine Sciences and Dept. of Environmental Sciences and Engineering



Cyanobacterial Harmful Blooms (CyanoHABs): Symptomatic of human and climatic alteration of aquatic environments

Urban, agricultural and industrial expansion



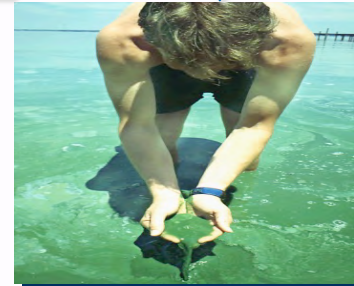
Increasing nutrient (Nitrogen & Phosphorus) inputs



Water use, hydrologic modification and climate change (warming, more extreme wet/dry cycles) play interactive roles



Blooms are intensifying and spreading

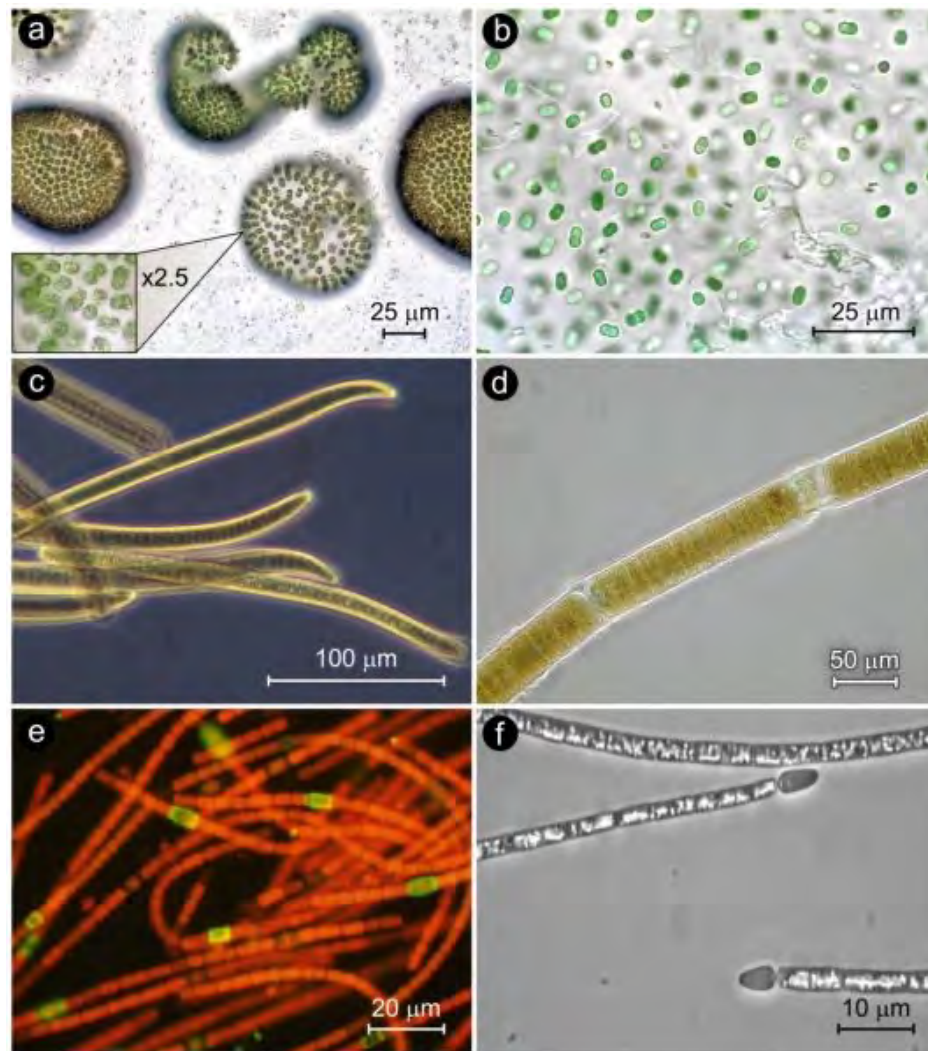


The CyanoHAB "Players" and their toxins

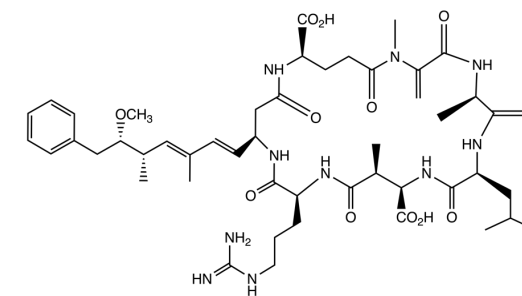
Cocoid,
solitary/colonial
(e.g. *Microcystis* &
picocyanos).
Most do not fix N₂

Filamentous,
non-heterocystous
(e.g. *Lyngbya*,
Oscillatoria).
Some species fix N₂

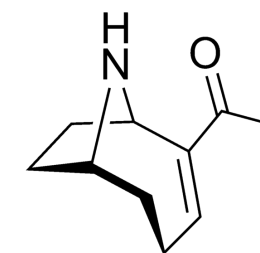
Filamentous,
heterocystous
(e.g. *Dolichospermum*,
Nodularia,
Cylindrospermopsis).
All fix N₂



Common Cyanotoxins



Microcystins, liver/digestive toxin



Anatoxin a, neurotoxin

Why the concern about CyanoHABs?

- Toxic to zooplankton, fish, shellfish, domestic animals and humans
- Cause hypoxia and anoxia, leading to fish kills
- Odor and taste problems
- loss of drinking water recreational, fishing use/sustainability



Should you let your kids or pets play in this?

BAD IDEA!

Algae are common in lakes and rivers. But at high concentrations a type called "blue-green" algae can make people and animals sick.

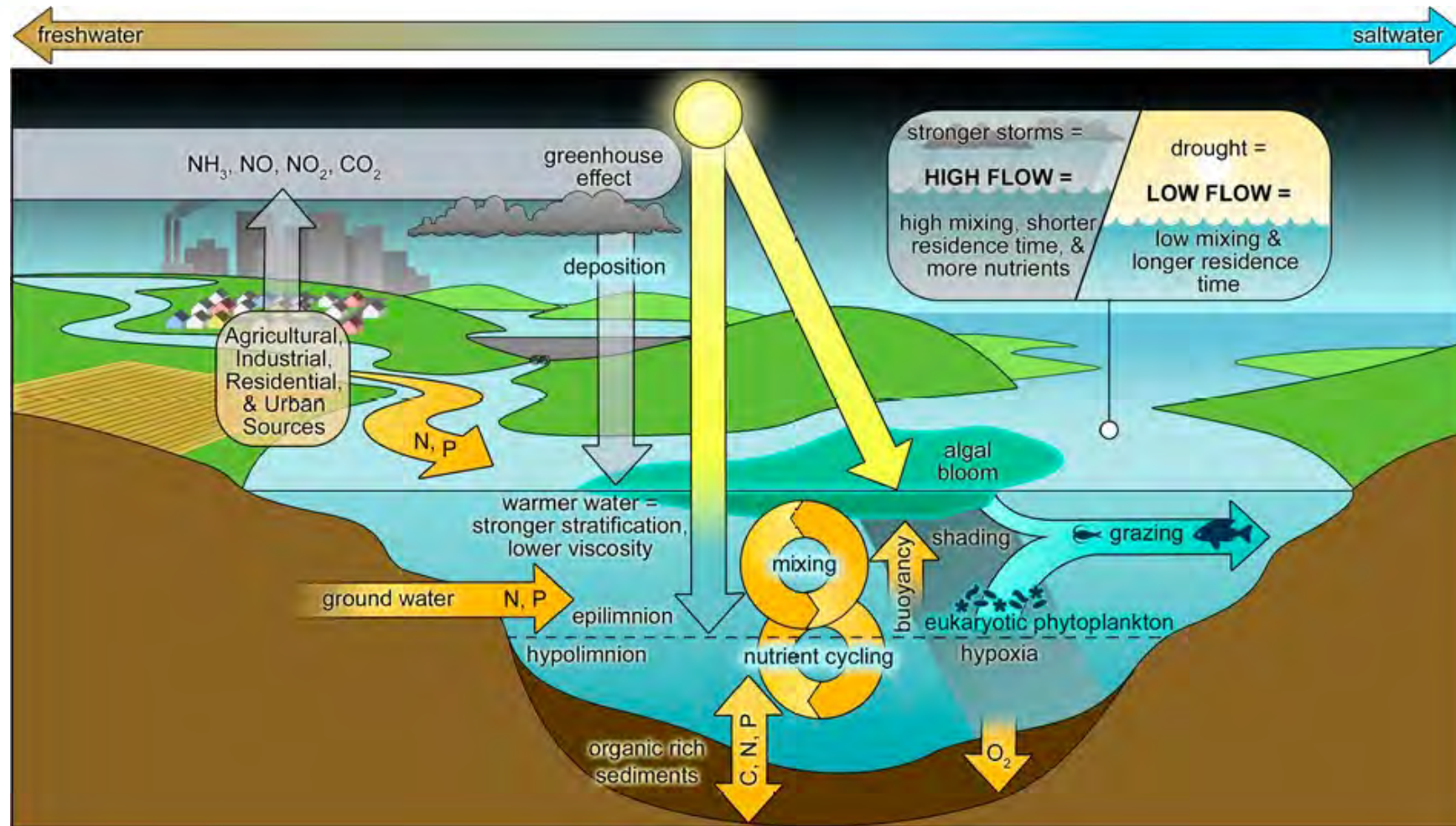
- What to look for:
- Does the water look "pea soupy"?
 - Does it smell swampy?
- Blue-green algae can:
- Irritate skin, eyes and nasal passages and make you sick.
 - Poison your pets or livestock — animals have died from it.

If you or your pets have come in contact with blue-green algae, wash thoroughly. Think you or animals are sick from it? Call a doctor or veterinarian immediately.

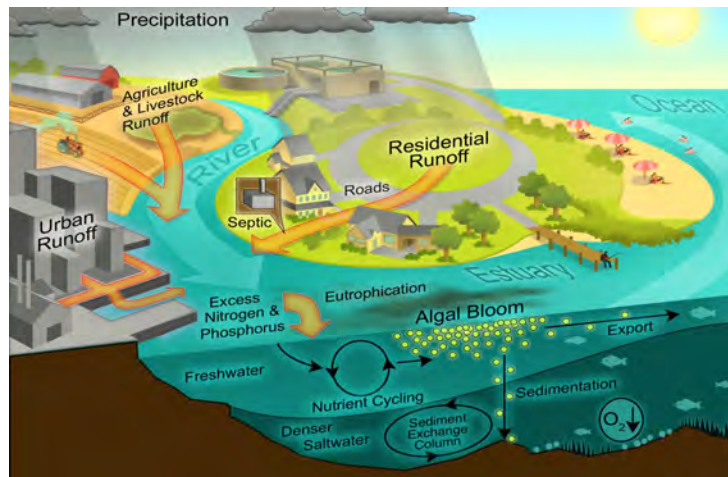
When in doubt, best keep out!
 For more information see www.pca.state.mn.us/cyano/faq.htm, or call (811) 208-6300 or (800) 927-5084.
 This poster prepared by the Minnesota Invasive Species Group on Blue-Green Algae.



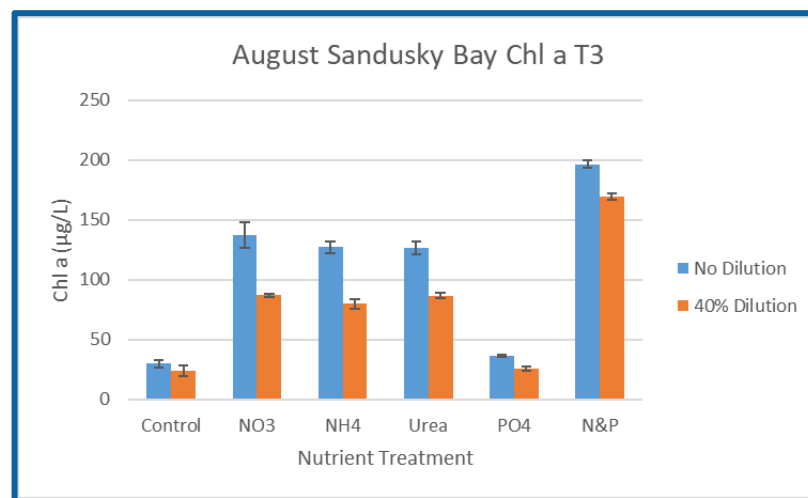
What drives CyanoHABs? Interactive physical, chemical and biotic factors



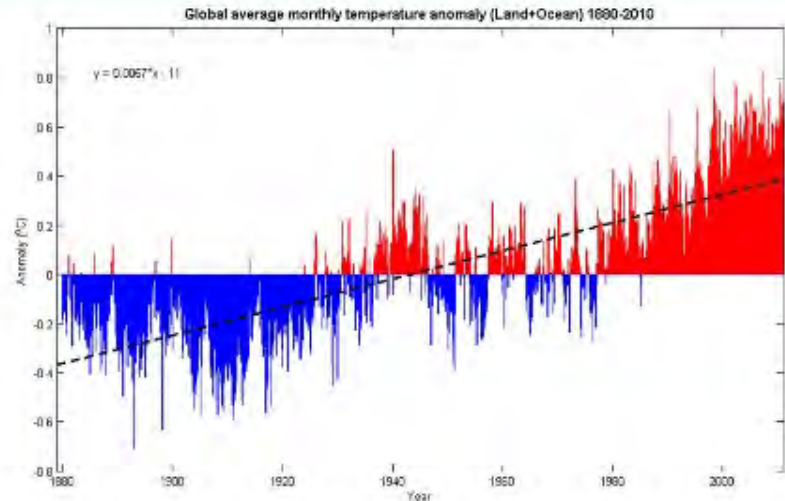
Human nutrient enrichment: A key driver of CyanoHABs



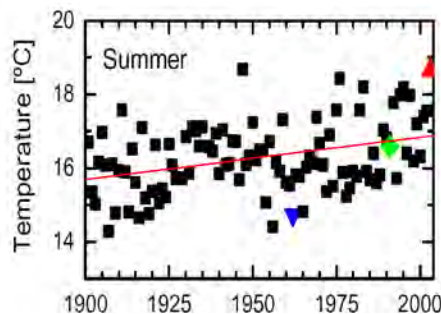
Paerl et al. 2018; Barnard et al. 2021



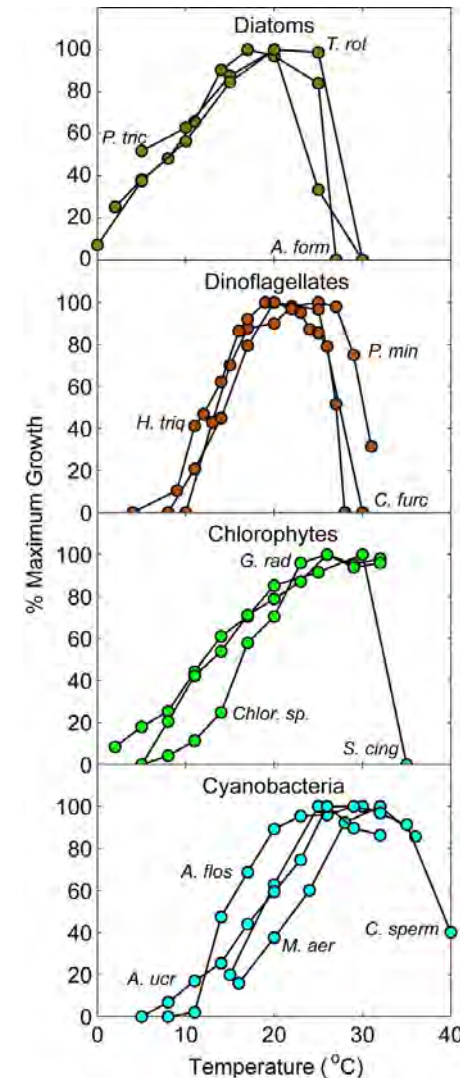
Also: Its Getting Warmer, and CyanoHABs "like it hot"



2003 hottest summer in 500 years in Europe! Since then, record heat waves. 2005, 2009, 2014, 2016, 2018, 2020, 2023 were the hottest summers ever in N. America. 2010, 2017, 2022 hottest year in central Asia



Huisman et al. 2006
Mean epilimnetic
Temp. In Dutch lakes

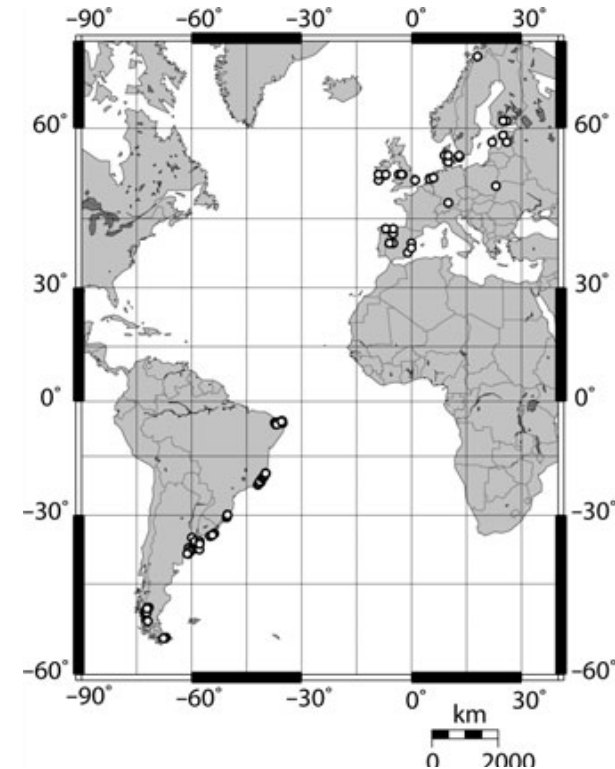
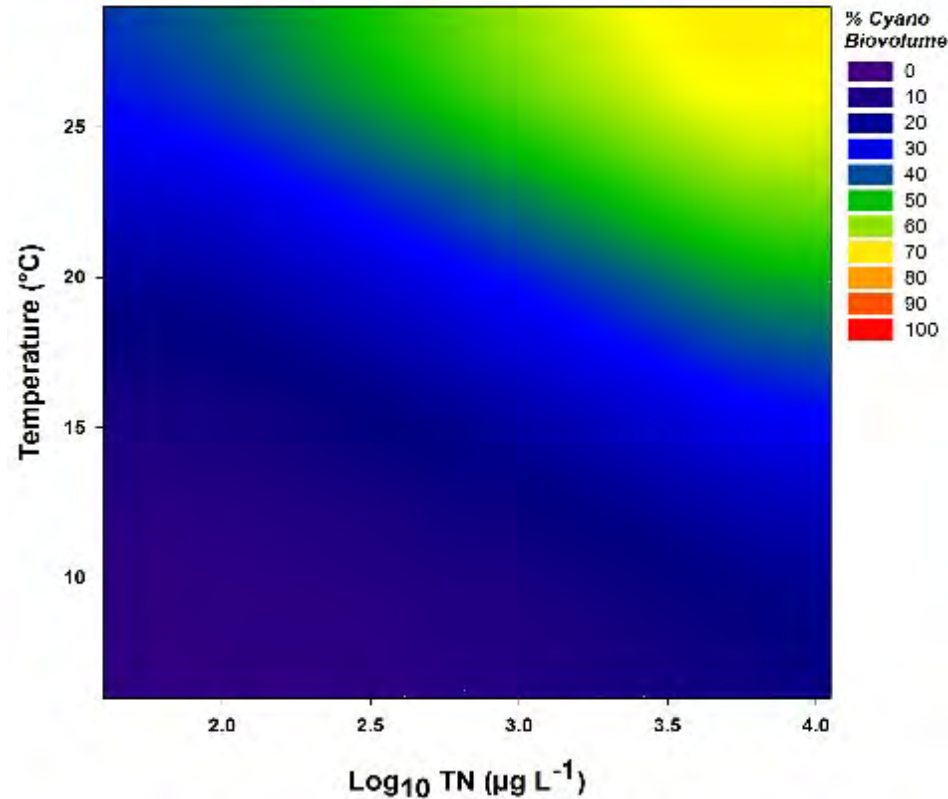


Cyanobacteria exhibit
Maximum growth rates
At high water temperatures
Relative to other algal groups

Paerl and Huisman 2008
Paerl et al. 2011



Cyanobacterial dominance along temperature & nutrient (TN) gradients in 143 lakes



Percentage of cyanobacterial biovolume in phytoplankton communities as a function of water temperature and nutrients in 143 lakes along a climatic gradient in Europe and South America.

(a) Combined effects of temperature and nutrients as captured by a logistic regression model

(b) Response surface obtained from interpolation of the raw data using inverse distance weighting.

CyanoHAB expansion into NC's Albemarle Sound is promoted by more extreme events (tropical cyclones), elevated nutrient discharge followed by droughts



Tropical Cyclone Tracks (1996-2016)

Year	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2010	2011	2012	2013	2014	2015	2016													
Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21												
Name	Arthur	Bertha	Fran	Josephine	Danny	Bonnie	Earl	Dennis	Floyd	Irene	Gordon	Helene	Allison	Gustav	Isabel	Alex	Bonnie	Chanley	Gaston	Ophelia	Ernesto	Gabriele	Barry	Christobal	Hanna	Earl	Irene	Beryl	Andrea	Arthur	Ava	Hermine	Matthew

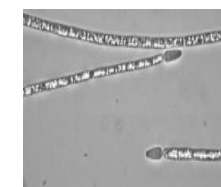
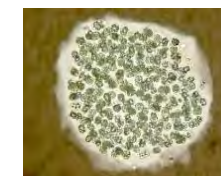
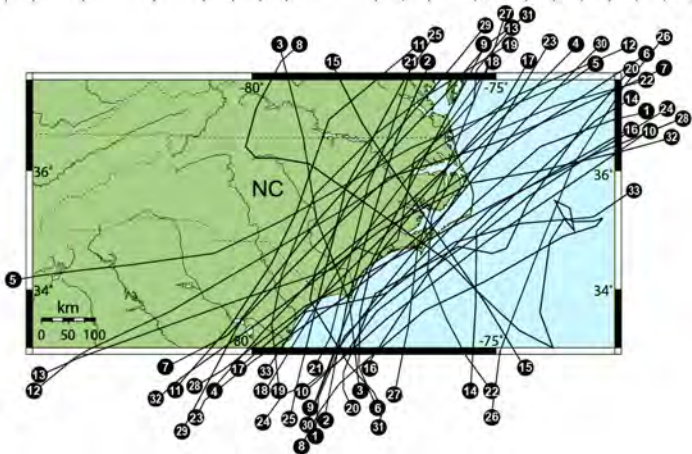
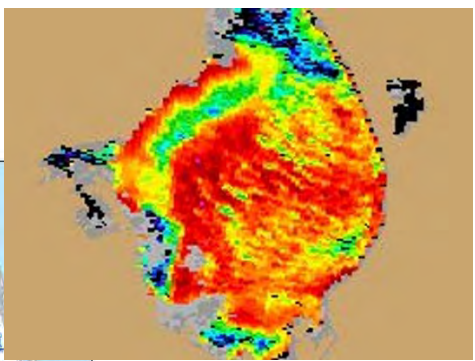
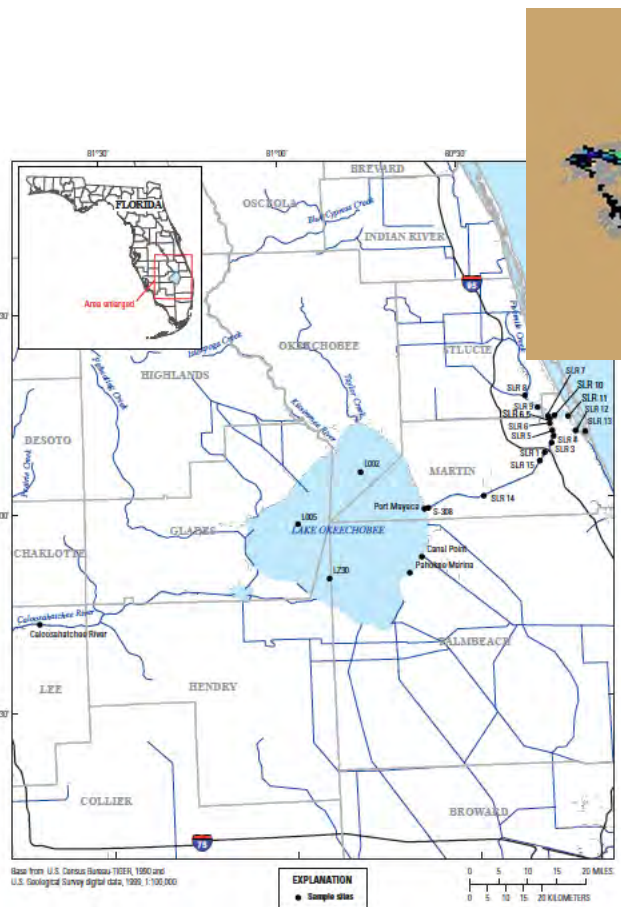
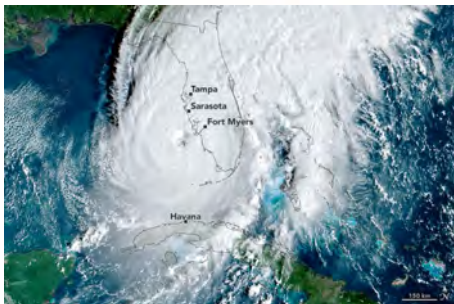


Image from Cyanobacteria Assessment Network:
EPA/NASA/NOAA/USGS
(epa.gov/cyanoproject)

Paerl et al., 2018

CyanoHABs on the move: Lake Okeechobee to Florida's East/West Coasts (2016)



Rosen et al., 2017: Cyanobacteria of the 2016 Lake Okeechobee and Okeechobee Waterway harmful algal bloom USGS Open-File Report 2017-1054

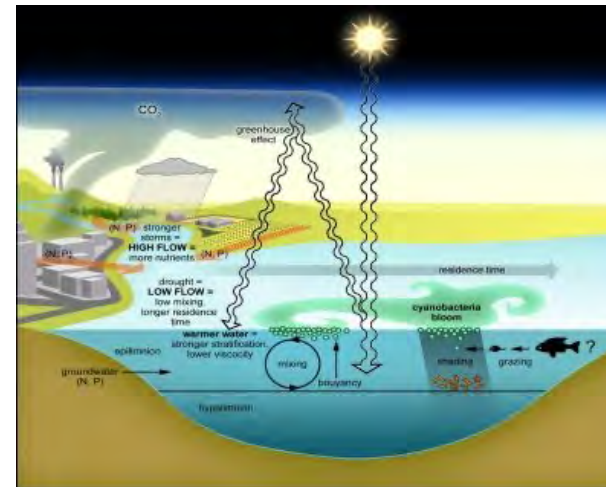
Recommendations for CyanoHAB Management in an era of human nutrient over-enrichment and climatic changes

Reduce both N & P inputs along the freshwater-to-marine continuum

- Nutrient-bloom threshold are system-specific
 - However, in many cases >30% reductions should be targeted
- Salinity is not necessarily a barrier to CyanoHAB expansion
- **May need to reduce N and P inputs even more in a warmer, stormier world**
 - **Blooms "like it hot"**
 - **Episodic & extreme events favor CyanoHABs (floods, droughts)**

Impose nutrient input restrictions year-round

- Residence time is long in large lakes and coastal waters (> 6 months)
- Warmer, longer growing seasons (earlier ice off, later ice on)



Thank you!

Contact Hans Paerl at hpaerl@email.unc.edu

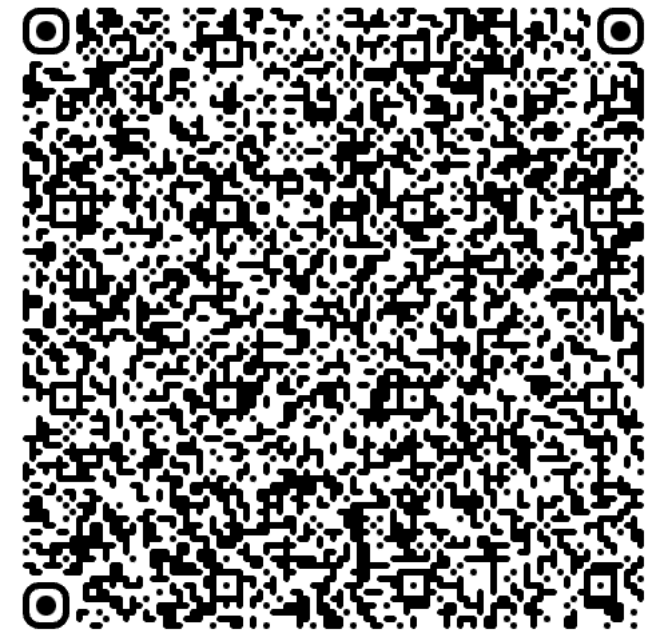
Lab website: paerllab.web.unc.edu

UNIVERSITY
Research
WEEK

Lunch & Learn

 **UNC** | RESEARCH

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& Learn presentation



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